

Sciences and Techniques of Physical and Sports Activities



Contact details

Faculty of Sports Sciences
261, boulevard du Mercantour
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<http://www.unice.fr/ufrstaps>

Admission to our courses

Baccalaureate or other qualification accepted as equivalent (high school diploma).

Applications via Parcoursup
<https://www.parcoursup.fr>

Enrolment at: <http://unice.fr>
between July and September

Contact the Faculty's administrative services: scol-staps@unice.fr

WHAT TYPE OF BACCALAUREATE?

Success rates according to type of baccalaureate held by first-year students:

- Science Baccalaureate (S): 46,5%,
- Economics and Social Sciences (ES): 31%,
- Literature Baccalaureate (L): 4%
- Technology Baccalaureate: 16%.
- Professional Baccalaureate: 2,5%

Success rates in first year (2017-18) by type of baccalaureate:

- Science Baccalaureate (S): 58%,
- Economics and Social Sciences (ES): 26%,
- Literature Baccalaureate (L): 2%
- Technology Baccalaureate: 11%.
- Professional Baccalaureate: 3%

Diplomas available

Courses at the Faculty of Sports Sciences include all three levels of university studies: Bachelor's Degree, Master's Degree and Doctorate

General Bachelor's Degree in Sciences and Techniques of Physical and Sports Activities

For a Bachelor's Degree, all students follow the same course in the 1st year. From the second year, students begin to choose career-based elements from one of the four courses listed below. The 3rd year is entirely focused on the chosen course:

- Education and Motricity
- Adapted Physical Activities and Health
- Sports Training
- Sports Management

Professional Degree in Health, The Ageing Process and Adapted Physical Activities (SVAPA)

Master's Degree in Sciences and Techniques of Physical and Sports Activities

Following their Bachelor's Degree, students can choose one of the following Master's Degrees available at the Faculty of Sports Sciences:

- APAS MASTERS DEGREE: Physical Activities for Health
- EOPS MASTERS DEGREE: Sports Coaching Sciences and Techniques

Doctorate in Human Movement Science (SMH)

Following a Masters Degree, students can enrol in a Doctorate course in our "Human Movement Science" Doctoral School if they want to pursue a career as a researcher in human movement sciences.

University Diploma (DU)

- Physiotherapist University Diploma
- Handicap Advisor University Diploma

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Tutoring at the Faculty of Sports Sciences

Master's degree students, under the guidance of designated members of the teaching staff, take on the role of tutors for 1st-year Bachelor's Degree who would like assistance.

They help students go over their lessons for a few hours a week as well as work on methodology.

Tutoring aims to help 1st-year students to succeed in their studies. Don't hesitate to come along and join in!

Organisation of studies

From the first year of a Bachelors degree, studies at the Faculty of Sports Sciences require a high level in terms of physical activities but also in terms of the scientific approach. A multi-skilled profile and a high degree of personal commitment are also required. The teaching is, first and foremost, theoretical (60 to 70% of course time), in relation to the human and social sciences, life sciences and sporting activities.

Weekly lessons are organised around the following courses:

- Life sciences and health: Physiology applied to Sport and Physical Activities, Functional Anatomy applied to Sport and Physical Activities.
- Human and Social Sciences: Psychology applied to Sport and Physical Activities, Sociology applied to Sport and Physical Activities.
- Physical activities include time for theory and practice. Sports practices are taught with the aim of learning to supervise activities. Students will choose a speciality for their sports activities (known as their option) from a list issued by the Faculty, but also in 2 obligatory sports per semester.

A Bachelors degree lasts for three years and a Masters degree for two. A doctorate lasts for 3 years on average. Each year is divided into two semesters. Teaching is divided into Teaching Units (Unités d'Enseignement - UE). Each of these is credited with a certain number of ECTS (European credits) according to the time they take, with a total of 30 ECTS per semester. A Bachelors degree contains 180 ECTS and a Master's degree 120 ECTS.

Career Opportunities

Health Sector: Adapted Physical Activities and Health (Bachelor's and Master's degree level)

Adapted Physical Activities instructor or teacher (in medical/educational institutes), Adapted Physical Activities trainer (in clubs, federations...); Medical/sporting educator in health networks; Project managers in the sector for prevention via Sporting and Physical Activities.

Sports Sector: Sports Training (Bachelor's and Master's degree level)

Careers in the sports performance sector (trainer, physical preparation, reathletisation) or fitness (sports coach); sports analyst; regional Sporting and Physical Activities educator (competitive examination); sports educator.

Leisure and Tourism Sector: Sports Management (Bachelor's degree level)

Careers in creating, running and managing sports activities and organisation in the sports sector in the public sector or sports leisure and tourism in the private sector; sociocultural activities leader in the sports leisure or sports tourism sector; sports equipment sales manager.

Teaching Sector: Education and Motricity (Bachelor's and Master's degree level)

Teaching careers (PE instructor or Primary School Teacher): after reaching baccalaureate + 5 level (MEEF Master's Degree, ESPE) and a competitive examination for recruitment: CAPEPS or CRPE.

Research Sector (Master's Degree and Doctorate level)

University Lecturer/Professor in a Sciences and Techniques of Physical and Sports Activities department (Doctorate + Post-Doctorate + Competitive examination); Ergonomic Engineer in sports equipment, rehabilitation equipment, assistance equipment in the health sector, "sport scientist".